

Show Notes

Episode 101

Today, Sam and Emily shared their top 5 and bottom 5 items to put on your baby registry. We had a great time putting this list together and we hope you enjoyed the episode. Here you will find links to items we spoke about as well as some items that just missed the list.



Best Items to Register for

- Swaddle Sacks
 - [Zip Up](#)
 - [Velcro](#)
- [Baby Swing](#)
- [Baby Carrier](#)
- Breastfeeding Supplies/Formula
- [Depends](#)

Worst Items to Register for

- [Boppy Pillow](#)
- [Diaper Genie](#)
- [Changing Table](#)
- Cute Baby Clothes/Shoes
- [Microwave Sterilizer](#)
- [Baby Wipe Warmer](#)

Honorable Mentions

- **Pacifiers and Bottles** - These just missed the list because while we find them incredibly helpful, there are many different types out there and your little one might not like them all. We recommend trying many different kinds to see what your baby prefers.
- **Baby Tub** - This was a mixed review on our podcast. Sam used the baby tub with both of her girls while Emily bathed her kids in the kitchen sink until they were big enough to go in the bathtub. To each their own here!

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