

# Show Notes

## Episode 106

If you have been trying to decide between whether or not to cloth diaper your baby, this is your episode! Sam and Emily break down common pros and cons of cloth diapering. Read below for main points and considerations!



### Pros to cloth diapering

- Cost (\$900/year vs. \$650 flat price)
  - can buy used!
- Environmentally Conscious Choice
- Can use with multiple kids
- Have resale value
- Available in different styles
- Flexible Absorbency
- One Size - Adjustable from birth to potty training
- Less chemical/more natural approach
- Good for kids with sensitive skin
- Cute Patterns/Designs
- More comfortable than plastic disposables
- No Blow-Outs!
- Potty Trains sooner
- Diaper Services are available
- Cloth diapering comes with a support network!!

### Cons to cloth diapering

- Can be smelly compared to disposables
- Increased Laundry
  - Washing instructions can be scary - find what works for you!!
- Can be more difficult to travel with
  - Don't be afraid to use disposables when out and about
- Disposables can be more convenient!
- The fit of cloth diapers can vary from kid to kid
- Daycares might not accept cloth diapering
- Learning curve to cloth diapering!
- Reduced absorbency compared to disposables

### More Cloth Diaper Resources:

[All About Cloth Diapers](#) [Fluff Love University](#)

[Emily's Cloth Wipe Solution Recipe](#)

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