

Show Notes

Episode 113

On today's episode, Diane shares her birth story with her third child and how it was different from the preceding births. Diane has been a Labor and Delivery nurse for the last 10 years.



Diane chose to switch providers at 30 weeks pregnant. You should never feel it is too late to switch.

If you are in the process of finding a provider, consider listening to [Episode 111: Provider Interview Questions](#)

Marginal Cord Insertion - occurs when the cord attaches on the side of the placenta instead of in the middle at the central placental mass. (Birth Injury Help Center, 2021)

Meconium - Baby's first poop. Around 12-20 percent of babies have meconium in their amniotic fluid during labor. (medlineplus.gov, 2021)

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