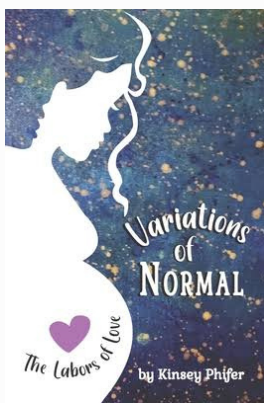


Show Notes

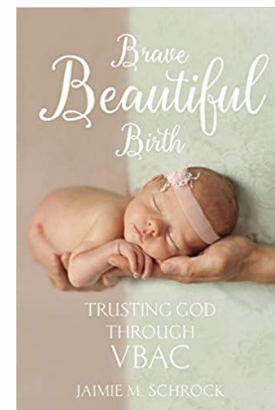
Episode 120

We were so excited to sit down with local author, Kinsey Phifer to discuss her book, *Variations of Normal*. Consisting of multiple birth stories from different perspectives along with her own birth stories, this book is a must-buy for all expecting families!



[Click here to purchase *Variations of Normal: The Labors of Love* by Kinsey Phifer!](#)

[Click here to purchase *Brave Beautiful Birth* by Jaimie M. Schrock](#)



If you would like to contact Kinsey Phifer, you can reach out on social media here:



[@kinseyoliviamarie](#)



[Variations of Normal Group](#)



[The Hygge Doula](#)

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